



## **WOMEN'S SPORT PUBLIC SPEAKING WORKSHOP: Sydney, Monday September 13, 2010**

### **Public Speaking Workshop**

**Womensport NSW** invites you to attend a 'Public Speaking' workshop run by Julie Stafford – Education Coordinator at NSW Sports Federation. Julie delivers training courses for a wide range of sports and has led and managed teams and people in a variety of settings. She lectures on the skills of public speaking and presentations at various Universities and Colleges around Sydney.

### **Do you:**

- Get nervous when you have to speak to a group?
- Mumble or forget what you have to say?
- Speak too fast or get flustered?
- Prefer not to speak out at all?

### **What you'll get out of this course:**

- Tips and hints on how to manage and overcome your nerves
- The basic skills of speaking to an audience
- A chance to practice!

<b>Presenter:</b>	Julie Stafford – Education Coordinator at NSW Sports Federation
<b>Venue:</b>	The Ken Brown Room Two, Lower Ground Floor, Sports House, 6A Figtree Drive, Sydney Olympic Park NSW 2127 <i>Parking available in Sports House carpark – ticket will be validated at the end of the workshop.</i>
<b>Date:</b>	September 13, 2010
<b>Time:</b>	1.30pm – 4.30pm
<b>Cost:</b>	\$55 for members. \$60 for non members (become a member <a href="http://www.womensportnsw.com.au">www.womensportnsw.com.au</a> ) (\$100 for members if you attend both the Leadership and Public Speaking courses)
<b>Payment Methods:</b>	<b>On line booking system available on <a href="http://www.womensportnsw.com.au">www.womensportnsw.com.au</a> under Workshops on the home page or send a cheque</b> to Womensport NSW , 6A Figtree Drive, Sydney Olympic Park 2127 <b>or</b> Direct Deposit <b>BSB : 112 – 879: Account No. 121493 462</b> (please put name with all payments and attach EFT confirmation to your registration below).

Enquiries – (02) 8116 9734.  
[www.womensportnsw.com.au](http://www.womensportnsw.com.au)    [office@womensportnsw.com.au](mailto:office@womensportnsw.com.au)



**WOMENSPORT NSW + Sportspeople**

**Sydney Public Speaking Workshop –  
Monday September 13, 2010 – 1.30pm to 4.30pm**

**Post to PO Box 147 Sydney Markets 2129**

**Registration**

Name

Organisation

Email

Phone

Postal Address

Payment method

Cheque attached or Direct Deposit / /

Additional comments

**Venue – Ken Brown Room Two, Lower Ground Floor, Sports House, 6A Figtree Drive, Sydney Olympic Park.**