

# LEVEL 1 CRICKET COACHING COURSE



CRICKET NSW

The Level 1 Cricket Coaching Course is recommended to:

- ✓ all volunteers involved in coaching junior club, school and community cricket teams.
- ✓ talented youth cricketers who are keen to be involved in coaching junior teams.
- ✓ players considering playing overseas during the off-season
- ✓ Physical Education and trainee Physical Education teachers

The course provides technical skills, game understanding, teaching techniques, effective ways to conduct training sessions and awareness of the factors motivating young people to play and enjoy cricket.

The Level 1 Course consists of:

- completing the Cricket Australia Introduction to Cricket Course on-line (covering all the theoretical components of Level 1): then
- registering to attend an 8 hour face to face practical component conducted by Cricket NSW over one full day or 2-3 evenings.

To participate in a Level 1 Cricket Coaching Course, please follow these steps:-

1. Go to the Coaching Courses section of the Cricket NSW website at <http://www.cricketnsw.com/default.aspx?s=coaching-courses&id=18422>
2. Undertake the Introduction to Cricket Course on-line by clicking on Introduction to Cricket section of the course. This is a free course.
3. The Introduction to Cricket Online Course can be completed in one sitting or over a number of sessions, whichever is more convenient to the candidate.
4. Upon completing the Introduction to Cricket Course, print the Introduction to Cricket Certificate.
5. To register to attend the 8 hour practical component (involving batting, bowling, fielding, wicket-keeping, modified games and candidate assessment), go to the Level 1 Coaching Courses section at <http://www.cricketnsw.com/default.aspx?s=level-one-coaching-courses>. Scroll down to the **Level 1 Coaching Courses** to find the next course in your area. Click on the **Metropolitan Sydney Booking Form**, complete the details with payment and return to Bronwyn Munday at Cricket NSW (*Bronwyn's contact details are on booking form & website*). *Please note each course is limited to 20 candidates.*
6. Upon receipt of your booking form with full payment, Bronwyn will send you an e-mail confirming your acceptance (including relevant information) for the practical component.
7. Provide a copy of your Introduction to Cricket Course Certificate to the course presenter.
8. Complete and sign the Volunteer/Student declaration form at the practical component.
9. Candidates that successfully meet all the assessment criteria, will be presented with their Level 1 Certificate at the conclusion of the practical component.

**Course Cost** - The Level 1 Course Fee is \$120 (\$100 for Teachers & Students).

**Age** - Minimum candidate age is 16 years.

**Dress** - Candidates should wear comfortable clothing (trackie, joggers etc) to the practical sessions.

Resources - Candidates will receive quality resources including:-

- Cricket Australia Coaching Guide CD-Rom
- Australian Cricket Coaching Manual
- Cricket Activities Booklet
- Cricket NSW Skills, Drills & Games DVD

Successful candidates will also receive:-

- Membership of Cricket Coaches Australia (CCA)
- Coaching Card & Level 1 Certificate
- Invitations to attend coach seminars & presentations

## Practical Component Information – Females Only

**Day/Date:** Sunday 19<sup>th</sup> September 2010

**Time:** 9am to 5pm **Venue:** Gujarat NRE SCG Indoor Centre

