

# CARIN LYDIA CLONDA JP

D.O.B 1<sup>st</sup> March 1961

## CAREER HIGHLIGHTS

- **2010 Awarded an Order of the Australian Medal OAM, Queens Birthday Honours List**
  - **“For Services to the Sport of Squash in Administrative Roles & the Community”**
- 2010 Director & CEO, Australian Squash Group Ltd
- 2008 Ambassador, Australian Lung Foundation (current)
- 2006 - current Australian Publicist for David Palmer OAM (Twice World Champion)
- 2009 Finalist, NSW Sports Federation Masters Athlete of the Year
- 2005 - 2009 Director, NSW Squash Ltd Director & CEO 2006 – 2009
- **2008 Winner of the Sue Fear / Womensport & Recreation NSW**
- 2007-2009 Championship Director, NSW Junior Championships; NSW Open; 2009 Australian Junior Championships; World Masters Games Squash Event
- 2005-2008 Publicist for Elite Squash Players Anthony Ricketts and David Palmer OAM (Twice World Champion) (current)
- 2006 Official, Australian Commonwealth Team
- 2002 Squash Working Group Coordinator/Championship Director, Gay Games VI
- 2002 Founding Member, World Q Squash
- **2000 Australian Sports Medal for Services to Squash (over 20 years) Recipient**
- 2000 Volunteer & Workforce, 2000 Sydney Olympic Games
- 2000 Sports Forum Coordinator for World Asthma Awareness day initiative by Institute of Respiratory Medicine RPA
- **1984 Highest World Ranking 5**
- **1983 Highest Australian Ranking 2**
- **1982 – 1986 Highest NSW Ranking 1**
- 1986-1989 NSW Womens Squash Rackets Assoc Selector for State Teams and Rankings
- 1986-1989 Australian Squash Racquets Association, Australian Selector
- 1985-1989 Chairwoman, Women’s International Squash Players Association (WISPA)
- 1985-1989 Women’s Committee Member, International Squash Racquets Federation
- 1985-1986 Australia Sports Commission National Athlete Award Scheme
- **1984 Sport Australia Award Outstanding Performance Australian Women’s Squash Team**
- 1983 Foundation Member, WISPA
- 1983-1985 Australian Senior (Open) Representative
- **1983 World Team Champions**
- **1983 NSW Open Champion**
- 1982-1983 Committee Member, Publicity Officer, NSW Women’s Squash Rackets Association
- 1981-1986 NSW Squash Rackets Assoc State Team Representative Captain
- **1979 British Junior Champion**
- **1978 Australian Junior Champion**
- 1978-1979 Australian Representative Junior
- 1975-1979 NSW Representative Junior Captain
  
- Media Interviews - Channel 10 News, Today Show, A Current Affair, Radio 2UE Allan Jones program, Mirror, Squash Columnist Manly Daily, Squash Publications NSW Radio 2KY Sports,

Radio 2BL, Radio 3AW, Woman's Day, New Idea, Sun-Herald, Daily Telegraph, Sunday Telegraph, The Australian

- Media – Guest Squash Columnist Daily Mirror

## **PROFESSIONAL SQUASH PLAYER HISTORY**

### **HIGHLIGHTS**

1975-1979	CAPTAIN NSW AND AUSTRALIAN JUNIOR TEAMS BRITISH, AUSTRALIAN AND NSW JUNIOR CHAMPION	ALICE SPRINGS OPEN CHAMPION SEMI-FINALIST AUSTRALIAN OPEN SEMI-FINALIST GERMAN OPEN RUNNER-UP WA OPEN QUARTER FINALIST NSW OPEN QUARTER FINALIST FRENCH OPEN WORLD RANKING TOP 16 AUSTRALIAN TOP 16 NSW RANKING - 1 NSW AND AUSTRALIAN REPRESENTATIVE SYDNEY WOMEN'S STATE 1
1981	NSW U/23 CHAMPION NSW AND AUSTRALIAN RANKING TOP 10 SYDNEY WOMEN'S STATE 1 QUARTERFINAL AUSTRALIAN OPEN	
1982	ACT OPEN CHAMPION NT OPEN CHAMPION NSW U/23 CHAMPION SEMI-FINALIST AUSTRALIAN OPEN SEMI-FINALIST SCOTTISH OPEN QUARTER FINALIST BRITISH OPEN WORLD RANKING - TOP 16 AUSTRALIAN RANKING - 4 NSW RANKING – 1 SYDNEY WOMEN'S STATE 1	1986 LAST 16 FRENCH OPEN RUNNER-UP SWEDISH OPEN QUARTER FINALIST SPANISH OPEN WORLD RANKING TOP 20 AUSTRALIAN RANKING TOP 16 NSW RANKING - 1 SYDNEY WOMEN'S STATE 1
1983	QUARTER FINALIST SCOTTISH OPEN QUARTER FINALIST IRISH OPEN LAST 16 BRITISH OPEN SEMI-FINALIST WORLD OPEN NSW OPEN CHAMPION NSW U/23 CHAMPION QLD U/23 CHAMPION NT OPEN CHAMPION SEMI-FINALIST VICTORIAN OPEN SEMI-FINALIST QLD OPEN WORLD RANKING - 5 AUSTRALIAN RANKING - 3 NSW RANKING - 1 NSW AND AUSTRALIAN REPRESENTATIVE SYDNEY WOMEN'S STATE 1 MEN'S STATE 3	1987 WORLD OPEN 1989 NSW OPEN 1990 WINNER NSW CLASSIC OPEN NSW RANKING - 4 WORLD OPEN PLATE RUNNER-UP SYDNEY WOMEN'S STATE 1 1995 WOMEN'S STATE 2 LEICHHARDT EASTER OPEN 1996 SYDNEY WOMEN'S STATE 1 1997/8 SYDNEY WOMEN'S STATE 2 2002 2002 GAY GAMES VI WOMEN'S A SILVER MEDALIST 2003 WORLD MASTERS OVER 40 (5 <sup>TH</sup> ) 2006 WOMEN'S SYDNEY 1 2007 WOMEN'S PREMIER QUARTERFINAL BRITISH MASTERS SEMIFINALIST NSW OPEN 2008 WOMEN'S PREMIER LEAGUE WINNER NSW MASTERS OVER 45 CHAMPIONSHIP QUARTERFINALIST AUSTRALIAN CLOSED SEMI FINALIST NSW OPEN
1984	WORLD RANKING TOP 16 AUSTRALIAN RANKING - 7TH NSW RANKING - 1ST NSW REPRESENTATIVE WARWICKSHIRE COUNTY PLAYER WARWICKSHIRE MEN'S FIRST LEAGUE SYDNEY WOMEN'S STATE 1	
1985	LAST 16 WORLD OPEN NT OPEN CHAMPION	

## **HEALTH HISTORY**

An Asthmatic, who has achieved a great deal despite much adversity, and now suffering from lung disease.

1974

Diagnosed Asthmatic

1979

Asthma becomes life threatening after infection

Hospitalised 8 times

Prescribed steroids

Gained 4 stone, normal playing weight 8 stone

1981

Resumed squash training

Heavy drug regime

1981 – 1996

Frequent chest infections

Frequent bouts of Pneumonia

Drug Regime – Cortisone, Ventolin (nebulised ), Antibiotics

Steroid dependent/life threatening Asthma

Between 8 – 25 hospital admissions

Diagnosed with Chronic Fatigue

2003 – 2007

Chronic Pseudomonas infections

Bouts of Pneumonia

Diagnosed with Bronchiectasis

Collapsed lung

Frequent IV antibiotic treatment

Immunosuppressed. (compromised immune system)

2008

Bouts of Pneumonia

2009

Left & Right Hip Replacements